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**ABSTRACT BOOK**

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Thursday 20<sup>th</sup>

Plenary Lecture 2

## **ENVIRONMENTAL MODULATION OF NEURAL CIRCUITS: HOW GENISTEIN OR OTHER ENDOCRINE DISRUPTORS MAY INTERFERE WITH THE NEUROENDOCRINE BRAIN AND RELATED BEHAVIORS**

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Steroid hormones, in particular estrogens, are among the most important factors to regulate the development of the central nervous system (CNS). In fact, they may regulate neurogenesis, process outgrowth and synaptogenesis, concurring in this way to the development of specific pathways and functions. In many cases these functions as well as the neural pathways are sexually dimorphic and steroid sensitive also in the adulthood.

In the last 30 years, it has been progressively discovered in the environment that several substances of synthetic or natural origin may bind to hormone receptors. These substances are now called endocrine disrupting chemicals (EDCs) and may impact all those organs having hormonal receptors, including the brain. Many EDCs bind to steroid hormone receptors and this may impact brain and behavior differentiation.

Our and other data, collected in the last 10 years, demonstrate that the effects of EDCs on the brain are dependent by the age, the sex, and the region. The analysis of these effects is therefore not simple. In addition, the effects of a particular EDC will vary over the lifecycle of the animal and exposure during embryonic development may have short and/or long-term consequences. EDCs may permanently alter neural circuits and physiological properties, including the behavior. These effects may take place at doses that are considered no effect by the actual legislation.

In our studies we tested the effects of several EDCs during the embryonic development of birds or during pregnancy and early postnatal period in mice. In both models we observed gender-oriented alterations of sexually dimorphic circuits and behaviors. Our data suggest that precocious exposure to EDCs through maternal administration (in mammals) or in egg deposition (in birds) may permanently alter some sexually dimorphic circuits and influence in a gender-oriented way some behaviors. In particular, the timing of exposure to EDCs is a critical factor, such that the effects of a particular EDC will vary over the lifecycle of the animal as well as across species and phyla. Therefore, exposure to the estrogenic chemicals during embryonic development has consequences beyond impaired function of the reproductive axis. This makes it very challenging to evaluate the short and long-term effects of EDCs.

Many EDCs are of synthetic origin (i.e Bisphenol A, DDT and its derivatives, tributyltin, phthalates and others), however some bioactive natural compounds (nutraceuticals) may act as EDCs and interfere with the neuroendocrine circuits. Isoflavones are an important group of nutraceuticals highly present in many animal feed and nutritional supplements which are soy based, being this plant an important source of proteins. Among the isoflavones present in soy, genistein is one of the most interesting molecules. It has an estrogenic effect which may interfere with hypothalamic circuits in different ways. The use of soy based formulas for neonates has increased in the recent



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years. Different studies explored the effects of genistein in human infants, and in rodents but its long-term effects are still poorly understood. In our experimental models, pre- or post-natal exposure to genistein induced alteration of both behavior and neural circuits, and in many cases the effects were also sexually dimorphic.

Due to the large presence of EDCs in the environment and the food, as well as to their peculiar action during the brain differentiation, it seems reasonable that these compounds may concur to the development of some neural diseases that depends by alterations of brain circuits that are influenced by hormones during their normal development. In particular, due to the large number of EDCs that may bind to sex hormones' receptors, all neurological diseases that show a sex-ratio different from 1:1 are potentially affected by EDCs.

Therefore, exposure to the EDCs during embryonic development has consequences beyond impaired function of some neuroendocrine circuits. This makes it very challenging to evaluate their short and long-term effects. These compounds are therefore a third player within the nervous system and the evolutionary implications of having them in the normal food supply for certain human populations (i.e. phytoestrogen derivatives from soy), as well as for wild and farm animals should stimulate a wide discussion about their beneficial or adverse role.

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